



ST. CHRISTOPHER SCHOOL

December 2017

All Apples Served In
Our Schools Are
Grown On Niagara
County Farms!!



Harvest
of the
Month
carrots



Reasons to eat carrots:
Carrots provide more than 200% of the recommended Daily Value for vitamin A. Vitamin A is important because it helps keep your vision good and your skin healthy. It also helps your body fight infections.

OPTIONS FOR DAILY LUNCH ENTRE'E:

Pizza, Chicken Nugget Platter, Peanut Butter and Jelly Pocket Fun Pack, Fruit and Yogurt Platter, Hummus and Chips Meal, Breakfast Sandwich

Monday

Tuesday

Wednesday

Thursday

Friday

***Part-Time Substitute Food Service Helpers Needed -- Work While Your Children Are In School! Apply On-Line or at Building Offices. Any Questions - Please Contact The School Lunch Office at 250-1444**



1
Build a Burger
Cheese Slice
Lettuce/Tomato/Onion
Western Beans
Crispy French Fries
Fresh Fruit Tray
Fat Free Milk
Skim Chocolate Milk
or
1% Milk



4
Bar B Que Pork on a Roll
Seasoned Green Beans
Baked Potato Soup
Fresh Fruit Selections
Fat Free Milk
Skim Chocolate Milk
or
1% Milk

*pork item

5
Taco In the bag Tuesday with all the Fixin's
Seasoned Corn
Cinnamon Applesauce
Fat Free Milk
Skim Chocolate Milk
or
1% Milk

Walt Disney's Birthday



6
Chicken Terryaki
Seasoned Rice
Broccoli Bites
Fresh Fruit Selections
Fat Free Milk
Skim Chocolate Milk
or
1% Milk



7
Pizza for one
Roasted Carrot Coins
Chef Salad
Fruit Tray
Fat Free Milk
Skim Chocolate Milk
or
1% Milk



8
Chicken Finger Sub
Crispy French Fries
Chili Con Carne
Chilled Juice Tray
Fresh Fruit Selections
Fat Free Milk
Skim Chocolate Milk
or
1% Milk

11
Brunch for Lunch French Toast Sticks
Two Sausage links
Hashbrown Bites
Chilled Juice Tray
Fresh Fruit Selections
Fat Free Milk
Skim Chocolate Milk
or
1% Milk



12
Savory BBQ Beef Rib on a Roll
Cream of Tomato Soup
Baby Carrots
Fresh Fruit Selections
Fat Free Milk
Skim Chocolate Milk
or
1% Milk



13
Hot Diggity Dog Wednesday
Split Pea Soup
Crispy French Fries
Chilled Fruit Tray
Fat Free Milk
Skim Chocolate Milk
or
1% Milk



14
Sweet Home's Favorite Stuffed Crust Pizza
Tasty Caesar Salad
Chilled Juice Tray
Fresh Fruit Tray
Fat Free Milk
Skim Chocolate Milk
or
1% Milk



15
Yummy Turkey and Gravy
Warm Dinner Roll
Creamy Mashed Potatoes
Seasoned Green Beans
Fruit Tray
Fat Free Milk
Skim Chocolate Milk
or
1% Milk
National Ugly Christmas Sweater Day



18
Panther Bagel
Chilled Juice Tray
Hashbrown Potato
Seasoned Carrot Coins
Fruit Tray
Victory Mighty Bite Ice Cream Sandwich
Fat Free Milk
Skim Chocolate Milk
or
1% Milk



19
Philly Steak Sub
Turkey Sub
Lettuce/Tomato/Onion
Baked Doritos
Chilled Juice Tray
Assorted Fresh Fruit Tray
Fat Free Milk
Skim Chocolate Milk
or
1% Milk

20
Combo Plate Chicken Nuggets with Pizza
Holiday Pretzel
Navy Bean Soup
Popeye's Spinach
Fresh Fruit Tray
Fat Free Milk
Skim Chocolate Milk
or
1% Milk



21
Beef Nacho Grande Platter with all your favorite toppings
Broccoli Bites
Fruit Basket
Fat Free Milk
Skim Chocolate Milk
or
1% Milk
First Day of Winter
Winter Solstice



25
WINTER RECESS DEC. 25 - JAN. 1



* Lunch Services Provided by Sweet Home Schools
Lunch Pricing: Grades K-8 \$ 2.40, Reduced Price \$.25

****WISHING HAPPY HOLIDAYS TO ALL ... FROM SWEET HOME FOOD SERVICE****

PLEASE NOTE: The nutrition information provided in this analysis should not be used for people with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. In planning and treating allergies and medical conditions, please contact the district regarding their individual policy for accommodating special dietary needs.

This institution is an equal opportunity provider.

Menu Subject to Change.